



Woodland Wellness by the Bay - A Self-discovery Journey in Nature

Join us for a peaceful morning on the serene shores of Georgian Bay, where we will embark on a journey of self-discovery with nature. With Raven as our gentle guide, we'll embark on an enchanting journey through the boundless beauty of nature. This tour's blend of earth and water guarantees a profound sense of connection and rejuvenation. Through observation and hands-on experimentation, we'll explore the captivating world of plants and animals while engaging our senses and immersing ourselves in nature.

Throughout our time together, we'll visit the iconic turtle sculpture and delve into the remarkable wisdom carried by these majestic creatures and how they are directly intertwined with the passing of time, unraveling the mysteries of "Nature's Calendar."

Our exploration will extend beyond the realms of mere knowledge as we delve deeper into the animal kingdom. Through stories and new insights, we'll discover the wisdom of these extraordinary beings. Exploring animal symbolism and discovering our birth totems will guide us to a deeper understanding of ourselves and our intricate relationship with the world.

Plant identification and their significance will be explored as we witness the incredible abundance and countless uses of medicinal plants along our way.

These transformative experiences go beyond mere lessons. They become cherished moments designed to evoke a sense of wonder, reduce our burdens, and kindle the flame of self-awareness.

Where does this program take place?

Woodland Wellness by the Bay – Collingwood, Ont.

How much does the program cost?

3 hrs: \$65 p.p. groups of 4+ / \$80 p.p. two people minimum (adults only)

How many people are needed to secure a program?

Two or more

About our guide:

Raven is an accomplished public speaker, storyteller, outdoor educator, musician, and author. She skillfully combines her diverse talents and passion for the environment to create a one-of-a-kind experiential learning experience. Raven's approach fosters peace and potential, enriching the knowledge and appreciation of the natural world. Her invitations to return, reflect, release, and reclaim connections to the land have resonated with countless individuals on their journeys of self-discovery and empowerment. For more on Raven visit www.ravenspeaks.ca